

# 谢谢！ 150 种方式说谢谢

150 ways to say thank you!

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Through a dialogue between a child and ten thoughtfully crafted questions, the book presents 150 unique ways to express appreciation. The child reflects on who they are grateful for—parents, grandparents, siblings, friends, and teachers—and why these people bring warmth, joy, and love to their lives.

Along the way, the book encourages children to think of special, personalized gifts for each person, emphasizing thoughtfulness over expense. The true essence of the book is the importance of a grateful heart, teaching children that it's not the material gift that matters but the heartfelt sentiment behind it.

This book fits perfectly with our gratitude theme. It helps kids reflect on the people who care for them and teaches them how to express appreciation in personal and thoughtful ways. It's a great tool for encouraging empathy and kindness, key lessons we aim to teach through our books.



耐心 (nài xīn) – Patience. Being able to wait calmly.  
辅导我做作业 (fǔ dǎo wǒ zuò zuò yè) – Help me with my homework

治疗 (zhì liáo) – Getting better with the help of a doctor or medicine.

解决麻烦 (jiě jué má fan) – Solve a problem

潜水服 (qián shuǐ fú) – Diving suit

豪华轿车 (háo huá jiào chē) – Limousine

卡丁车 (kǎ dīng chē) – Go-kart

一艘火箭 (yī sōu huǒ jiàn) – A rocket

独木舟 (dú mù zhōu) – Canoe

好莱坞 (Hǎo lái wù) – Hollywood

世界杯比赛现场 (shì jiè bēi bǐ sài xiàn chǎng) – World Cup game

精致甜点 (jīng zhì tián diǎn) – Fancy dessert

中世纪风味大餐 (zhōng shì jì fēng wèi dà cān) – Medieval-style feast

了不起 (liǎo bù qǐ) – Amazing

鼓舞人心 (gǔ wǔ rén xīn) – Inspiring. Something that makes you feel excited and brave.

非比寻常 (fēi bǐ xún cháng) – Extraordinary



- 1 Who is someone you're really thankful for today? Why?  
今天你最感谢的人是谁？为什么？
- 2 How do you feel when someone says “thank you” to you?  
当有人对你说“谢谢”时，你有什么感觉？
- 3 What's something you could do today to show someone that you're grateful?  
今天你可以做些什么来表达你对别人的感激之情？